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ABSTRACT

This guide, which was written as an initial step in the development of a systemwide articulated curriculum sequence for all vocational programs within the Metropolitan Nashville Public School System, outlines the suggested scope and sequence of the clothing and textiles component of a course in consumer education and homemaking for grades 10 to 12. The guide consists of a course description; general course objectives; a course content outline; and lists of recommended textbooks, curriculum guides, and audiovisual materials. Addressed in the course content outline are the following topics: the Future Homemakers of America/Home Economics Related Occupations (FHA/HERO); the role of clothing in building one's image; selection and care of clothing; equipment for sewing; pattern selection and fitting; fabric selection and preparation; pattern layout, cutting, and marking; garment construction; and careers in clothing and textiles. (MN)

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CLOTHING AND TEXTILES

SCOPE AND SEQUENCE

VOCATIONAL EDUCATION

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Metropolitan Public Schools
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FOREWORD

This scope and sequence guide, developed for the Clothing and Textiles Vocational Education program, represents an initial step in the development of a systemwide articulated curriculum sequence for all vocational programs within the Metropolitan Nashville Public School System. It is a direct result of needs expressed by teachers, parents, and the business community for sequential structure within the vocational education curriculum. An articulated vocational curriculum allows a student to move from one level of instruction to the next without repeating learning tasks already mastered, and without experiencing gaps in the presentation of relevant instructional material.

A goal of this curriculum effort is to provide teachers a usable guide based on input from the teachers. The initial step was an identification of course content, with all teachers having an opportunity to contribute. What follows is a publication using the teachers' contributions: a sequential listing of objectives and skills for each program offering.

This guide does not include all specific resource materials that may be used to assist students in acquiring minimum competencies. It is to serve as a guide for the sequence of course content and scope of what is to be taught. This guide content is extremely important and its use is encouraged. The suggested competencies and resource materials allow instructors an opportunity to be creative and resourceful in meeting the needs of individual programs and students.

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INTRODUCTION

This Clothing and Textiles Instruction Guide was developed to be used by Consumer and Homemaking teachers for grades 10-12. Material was developed from adopted textbooks, curriculum guides and other resources. The guide serves as a framework around which the teacher may develop an in-depth program designed for the specific needs of individual students.

COURSE DESCRIPTION

This semester course offers a study of the significance of clothing and textiles to the individual and family. Experiences are provided in the care, selection, and construction of clothing.

GENERAL COURSE OBJECTIVES

1. To identify the relation between clothing and self-concept
2. To develop consumer practices related to intelligent purchasing of fabrics and ready-made clothing
3. To develop skills necessary for proper clothing care
4. To use basic sewing techniques to construct a garment
5. To identify careers related to the textile and clothing industry

COURSE CONTENT FOR CLOTHING AND TEXTILES

I. Orientation to Clothing and Textiles (1 day)

Specific objectives:

To learn course requirements and expectations

To follow class rules and procedures

A. Course requirements and expectations

B. Department procedures

1. Rules and regulations

2. Department tour

II. FHA/HERO (2 days)

Specific objectives:

To state facts about history and organization of Future Homemakers of America (FHA/HERO)

To participate in FHA/HERO on a class and/or chapter level

A. Orientation

1. Purpose

2. Creed

3. History

4. Colors

5. Emblem

6. Flower

7. Banner

B. Organization

1. Parliamentary procedures

2. Election and duties of officers and committees

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CONSUMER AND HOMEMAKING: Clothing and Textiles

B. Organization continued:

3. Program planning
4. Affiliations

C. Activities

1. Meetings—local, subregional, state
2. Service projects
3. School and community involvement
4. Competitive events

III. Building Your Image (½ week)

Specific objectives:

To select clothing which enhances a positive self-concept
To employ personal grooming practices which develop a positive self-concept

- A. Image projection
- B. Self concept
- C. Personal care

IV. Selection and Care of Clothing (1 week)

Specific objectives:

To identify elements and principles of design in clothing
To list factors that affect clothing appearance and care
To select new garments to coordinate with present wardrobe
To evaluate fit and details in a ready-to-wear garment
To describe characteristics of contemporary fibers and fabrics

- A. Elements of design
- B. Principles of design
- C. Fibers and fabrics
- D. Clothing care
- E. Wardrobe planning

V. Equipment for sewing (1 week)

Specific objectives:

To thread and operate the sewing machine properly

To demonstrate skill in using sewing equipment and tools

- A. Sewing machine
- B. Cutting tools
- C. Measuring tools
- D. Marking tools
- E. Pinning and sewing tools
- F. Pressing equipment

VI. Pattern Selection and Pitting (1 week)

Specific objectives:

To determine figure type and size

To identify essential information found on pattern, envelope and direction sheet

To compare personal and pattern measurements

To alter patterns with teacher assistance

- A. Pattern selection
- B. Body measurements
- C. Pattern sizes and figure types (pattern selection)
- D. Pattern, direction sheet and envelope information
- E. Pattern fit
- F. Pattern alteration

VII. Fabric Selection and Preparation (1 week)

Specific objectives:

To identify fabrics suitable for selected pattern

To prepare fabric by preshrinking and straightening grainlines

VII. Fabric Selection and Preparation continued:

- A. Garment construction and pattern suitability
- B. Fabric grain
- C. Preshrinkage of fabrics
- D. Pressing of fabrics

VIII. Pattern Layout, Cutting and Marking (1 week)

Specific objectives:

To lay pattern on fabric correctly
To cut out pattern correctly
To transfer pattern markings to fabric correctly

- A. Selection of layout
- B. Placement and pinning of pattern
- C. Cutting of garment
- D. Marking of fabric
- E. Removal of pattern

IX. Garment Construction (10 weeks)

Specific objectives:

To identify specific information provided on pattern direction sheet
To construct project using acceptable sewing techniques
To demonstrate special hand stitches
To demonstrate sewing practices that assure professional-looking results

- A. Direction sheet
 - 1. Terms and definitions
 - 2. Functions of construction techniques
 - 3. Sewing instructions
- B. Machine Sewing
 - 1. Staystitching

B. Machine Sewing continued:

2. Directional stitching
3. Basting
4. Seams
5. Interfacing
6. Hems
7. Zippers
8. Facings
9. Sleeves
10. Waistbands
11. Pockets
12. Collars

C. Special Sewing Techniques

1. Hand stitches
 - a. Back stitch
 - b. Overcast stitch
 - c. Slip stitch
 - d. Blind stitch
 - e. Blanket stitch
 - f. Hemming stitches
2. Finishing Touches
 - a. Grading
 - b. Topstitching
 - c. Flat fell seam

2. Finishing Touches continued:

- d. Buttons and buttonholes
- e. Hooks and eyes
- f. Snaps
- g. Zipper
- h. Darts
- i. Tucks
- j. Trims
- k. Pleats

X. Careers in Clothing and Textiles (½ week)

Specific objectives:

To identify vocational and educational opportunities available in the community

To analyze personal strengths and weaknesses for clothing and textiles careers

A. Available jobs

B. Skills and qualifications

XI. Review and Evaluation (½ week)

RESOURCE MATERIALS

Textbooks

- Draper, Wanda, et al. Steps in Clothing Skills. Peoria, Illinois: Charles A. Bennett Company, 1978.
- Lewis, Dora S., et al. Clothes and Your Personality. New York: MacMillan Publishing Inc., 1974
- Lidell, Louise A. Clothes and Your Appearance. South Holland, Illinois: The Goodheart-Willcox Co., Inc., 1977.
- Lyle, Dorothy and Brinkley, Jeanne. Contemporary Clothing. Peoria, Illinois: Charles A. Bennett Company, 1983.
- Pullen, Joann and Faiola, Theodora. The McGraw-Hill Guide to Clothing. New York, N.Y.: McGraw-Hill Book Company, 1982.
- Strum, Mary Mark. Guide to Modern Clothing. New York: McGraw-Hill Book Company, 1973.
- *Vanderhoff, Margie. Clothes, Clues, and Careers. Lexington, Massachusetts: Ginn and Company, 1984.

Curriculum Guides

- Home Economics II Basic Core. Stillwater, Oklahoma: Oklahoma State Board of Vocational and Technical Education, 1980.
- Homemaker Clothing and Textiles V-TECS. Clemson, South Carolina: Vocational Education Media Center, 1980.

* Basal text

Audio Visual

Filmstrips

"Get Set to Sew", Butterick Publishing
"A Trip to the Fabric Store", Butterick Publishing
Clothing Series, Butterick Publishing
Sewing Basics, Educational Dimensions
Careers in Fashion Design, Educational Dimensions
Clothing Construction, Prentice-Hall

Transparencies

"The American Woman-200 Years of Fashion", Butterick Publishing